

St. Paul FSC COVID-19 Policy

For Physical Distancing, Training Environment (June 2, 2020)

This policy may be adjusted based on any revised CDC, state and/or federal guidelines.

1. No more than 2 Pods of 10 people are allowed in the building at any time. A minimum of two coaches or one coach & one parent volunteer is required to comply with SafeSport 2-deep leadership requirement.
2. No spectators will be allowed. The State of MN released the guidelines and restrictions for youth sports, which prohibit contact, games, or spectators.
3. Everyone entering the building must wash their hands in the bathrooms upon entering the building and wear a face mask at all times. **No Mask = No Entry.** Skaters may take off their face masks while they are on the ice.
4. At home, before you leave for the arena, everyone must fill out the MN Symptom Screener. This is a tool recommended by the MIAMA (Minnesota Ice Arena Managers Association). <https://mnsymptomscreener.minnesotasafetycouncil.org/user-guide.pdf>
Upon arrival, skaters will be asked at the door, if they have completed their daily health screen. If the answer is yes they may enter the arena. **If you did not fill out the MN Symptom Screener at home, you will not be able to enter the arena at your assigned Pod time and you will not be refunded for your reserved time. If you have a fever of 100.4 or higher you are not allowed in the building. PARENTS DO NOT DRIVE AWAY UNTIL YOUR CHILD HAS PASSED THE TEMPERATURE TEST. NO ONE WILL BE ALLOWED TO WAIT IN THE BUILDING IF THEY HAVE NOT PASSED THE TEST.**
5. Anyone who has symptoms of illness or family members with symptoms of illness should stay at home. If anyone develops symptoms of illness while at the rink, they will be asked to leave the building.
6. Enter Pleasant Arena at the front door and exit at the side door. Parents may drop off skaters at the front door and pick up their skaters in the side parking lot by the side door. Parents may drop off their skater and leave or wait in their car in the parking lot. Doors to the arena will remain locked at all times. Locked doors will still allow people to exit from inside the building. If a skater leaves the building during their Pod time, they will not be allowed reentry. Skaters will line up on the designated X's at the front door no more than 5 minutes before their Pod time. **If you miss your allotted Pod start time, you will not be allowed late access and you will not be refunded for your reserved Pod time.**
7. Skaters who need help putting on their skates must have parents help them in the parking lot or in their car.
8. a. Skaters using Zuca Bags may park their bag on the X's marked on the floor. This is the best option because skaters will only touch their own equipment and chair. You can buy a Zuca Bag at <https://www.zuca.com>
b. Skaters who use their lockers may use the benches and must sit on the X's placed 6 feet apart.
c. Skaters who use a skate bag must sit on the X's in the bleachers.
d. If there is a parent volunteer in the building, they must sit in the assigned chair by the side exit.
9. All Participants in each Pod must wipe down their sitting area, doorknobs, boards, music area and anything they touch upon **entering** and **exiting** the arena. Ramsey County will provide spray bottles with disinfectant and paper wipes.
10. Skaters may use the warm up areas. X's have been marked on the floor for physical distancing. The lobby will be used for an additional warm up area. No one may sit in the lobby.
11. While getting on the ice, skaters must wait on the X's spaced 6 feet apart.
12. **Skaters must bring and dispose of their own Kleenex in zip lock baggies.**
13. As skaters enter the front door of the arena, the assigned coach or parent volunteer for that Pod will mark off attendance for the skaters in the Pod in the Club notebook.
14. **Only skaters who have paid in advance for their Pod will be allowed to enter the arena.**
15. Skaters and coaches should stay at least six feet away from each other while on the ice.

St. Paul FSC COVID-19 Policy

For Physical Distancing, Training Environment (June 2, 2020)

16. Coaches and skaters will be assigned Pods based on the following protocol: ranking, previous hours taught, number of skaters who can fill the Pod. **Assigned Pods will help avoid cross contamination.** There will be 20 minute time increments built into the schedule in-between Pods. Participants will have 10 minutes to exit the building and the next group will have 10 minutes to enter the building before their Pod's assigned time. Skaters will be required to purchase Pods of 1.5 or 2.0 hour coach assigned Pod times to access Pleasant Arena training center. **SKATERS WILL NOT BE ALLOWED IN THE BUILDING IF THEY HAVE NOT PRE PURCHASED THEIR ICE POD. Ice credits that expired from before the shut down will be applied to the skater's account for use in purchasing Pod credits. Pod credits will be deducted from your account at the beginning of each week for your assigned Pods. There will be no refunds available for unused Pod credits.**
17. Skaters may not enter the office, study, locker rooms or kitchen. There will not be access to the microwave or refrigerator. No gatherings are allowed in the lobby or in the bathrooms.
18. No food for meals may be brought into the building. Skaters may bring water bottles and snacks.
19. All participants in any St. Paul FSC sessions participate at their own risk.

By signing below, both parents and skaters agree to abide by the above policy.

Signatures:

Parent

Date: _____

Skater

Date: _____

We are all in this together, What I do affects you, and what you do affects me! Stay healthy :-)